

Witamy w Ross & Cromarty

Region Ross & Cromarty rozpościera się między zielonymi równinami Wybrzeża Wschodniego a srogimi górami Zachodu. Wśród miast regionu wyróżniają się: Invergordon - port regularnie odwiedzany przez liniowce oceaniczne; Strathpeffer - wiktoriańskie uzdrowisko, z licznymi hotelami i kafejkami; oraz położone na Zachodnim Wybrzeżu Ullapool - malownicza osada rybacka, będąca również portem, z którego odpływają promy do Stornoway na Western Isles

Miejscowe Biuro Porad Obywatelskich

Ross and Cromarty Citizens Advice Bureau

Balallan

4 Novar Road

Alness IV17 0QG

Tel: 01349-883333

Faks: 01349-884126

Email: adviser@alnesscab.casonline.org.uk

<http://www.hain.org.uk>

Godziny otwarcia:

W poniedziałki, wtorki, czwartki i piątki 10.00 – 14.00

Zamknięte w środy, soboty i niedziele.

Nairn Citizens Advice Bureau

4 Church Street

IV15 9SB

Tel: 01349-864850

Faks: 01349-860102

Email: adviser@dingwallcab.casoline.org.uk

Godziny otwarcia: wtorki, środy i piątki w godz. 10.00 – 14.00

Zamknięte w poniedziałki, czwartki, soboty i niedziele.

[ANCHOR]

Centra wypoczynkowe i baseny

Black Isle Leisure Centre (No Swimming Pool)

Deans Road,

Fortrose,

IV10 8TJ

Tel: 01381 621252

Kierownik: Graeme Ross

Alness Swimming Pool

Alness Academy

Alness

IV17 0UY

Tel: 01349 882456

Kierownik: Emma Thomson

Dingwall Leisure Centre

Tulloch Avenue,

Dingwall,

IV15 9LH

Tel: 01349 864226

Kierownik: Scott Lindsay

Serwis internetowy: www.dingwallleisure.co.uk

Gairloch Leisure Centre

Achtercairn,

Gairloch,

IV21 2BP

Tel: 01445 712345

Kierownik: Carole Drinkwater

Invergordon Leisure Centre

Academy Road,

Invergordon,

IV18 0LB

Tel: 01349 853689

Kierownik: Emma Thomson

Serwis internetowy: www.invergordonleisure.co.uk

Lochbroom Leisure Centre

Quay Street,

Ullapool,

IV26 2TU

Tel: 01854 612884

Kierownik: Joanne Crosbie

Serwis internetowy: www.lochbroomleisure.co.uk

Tain Royal Academy Community Complex

Hartfield Road,

Tain,

IV19 1DX

Tel: 01862 893767

Kierownik: Catherine Morgan

Averon Leisure Centre

High Street,

Alness,

IV17 0GB

Tel: 01349 882287

Serwis internetowy: www.averonleisurecentre.co.uk

Poolewe Swimming Pool

Cliffton

Poolewe

IV22 2JU

Tel: 01445 781345

Biblioteki

Achiltibuie Library

Coigach Community Hall

Achiltibuie

Ross & Cromarty

IV26 2YG

Tel/Faks UK: 01854 622305

Tel/Faks non UK: +441854 622305

email: achiltibuie.library@highland.gov.uk

Godziny otwarcia:

Poniedziałek	zamknięte
Wtorek	zamknięte
Środa	10.00 – 13.00, 18.00 – 20.00
Czwartek	zamknięte
Piątek	zamknięte
Sobota	zamknięte

Alness Library

Averon Centre

High Street

Alness

Ross & Cromarty IV17 0QB

Telefon: 01349 882674

Faks: 01349 883587

E-mail: alness.library@highland.gov.uk

Godziny otwarcia:

Poniedziałek	1	10.00 - 13.30, 15.00 - 18.00
Wtorek		10.00 - 13.30, 15.00 - 18.00
Środa		10.00 - 13.30
Czwartek		10.00 - 13.30, 15.00 - 19.30
Piątek		10.00 - 13.30, 15.00 - 18.00
Sobota		10.30 - 13.30

Cromarty Library

Hugh Miller Institute

Church Street

Cromarty
Ross & Cromarty IV11 8XA
Telefon: 01381 600318
Faks: 01381 600318
E-mail: cromarty.library@highland.gov.uk

Godziny otwarcia:

Poniedziałek	10.00 - 12.00
Wtorek	14.00 - 17.00, 18.00 - 20.00
Środa	closed
Czwartek	14.00 - 17.00, 18.00 - 20.00
Piątek	closed
Sobota	closed

Dingwall Library

Old Academy Buildings
Tulloch Street
Dingwall IV15 9JZ
Telefon: 01349 863163
Faks: 01349 865239
E-mail: dingwall.library@highland.gov.uk

Godziny otwarcia:

Poniedziałek	09.30 - 18.00
Wtorek	09.30 - 18.00
Środa	09.30 - 13.30
Czwartek	09.30 - 18.00
Piątek	09.30 - 18.00
Sobota	10.00 - 13.00

Evanton Library

20 Balconie Street
Evanton
Ross & Cromarty IV16 9UN
Telefon: 01349 830381
E-mail: evanton.library@highland.gov.uk

Godziny otwarcia:

Poniedziałek	closed
Wtorek	10.00 - 12.00, 15.00 - 17.00
Środa	10.00 - 12.00
Czwartek	closed
Piątek	15.00 - 17.00, 18.00 - 20.00
Sobota	closed

Fortrose Community Library

Fortrose Academy
Academy Street

Fortrose
Ross & Cromarty IV10 8TW
Telefon/faks: 01381 622235
E-mail: fortrose.library@highland.gov.uk

Godziny otwarcia – w roku szkolnym:

Poniedziałek	09.00 - 17.00
Wtorek	09.00 - 17.00
Środa	09.00 – 17.00, 18.00 – 20.00
Czwartek	09.00 – 17.00, 18.00 – 20.00
Piątek	09.00 – 17.00
Sobota	10.00 - 13.00

Gairloch Library

Gairloch High School
Gairloch
Ross & Cromarty
IV21 2BP
Telefon: 01445 712469
Faks: 01445 712438
email: gairloch.library@highland.gov.uk

Godziny otwarcia – w roku szkolnym:

Poniedziałek	09.00 - 17.30
Wtorek	09.00 - 17.00
Środa	09.00 - 19.00
Czwartek	09.00 - 17.00
Piątek	09.00 - 17.30
Sobota	zamknięte

Invergordon Library

High Street
Invergordon
Ross & Cromarty
IV18 ODG
Telefon: 01349 852698
Faks: 01349 852698
E-mail: invergordon.library@highland.gov.uk

Godziny otwarcia:

Poniedziałek	closed
Wtorek	12.00 - 17.00
Środa	10.00 - 12.00, 14.00 – 17.00
Czwartek	10.00 - 12.00, 14.00 - 17.00
Piątek	14.00 - 20.00
Sobota	closed

Lochcarron Library

The Howard Doris Centre

Lochcarron

Ross & Cromarty IV54 8UD

Telefon: 01520 722679

Faks: 01520 722679

email: lochcarron.library@highland.gov.uk

Godziny otwarcia:

Poniedziałek	zamknięte
Wtorek	10.00 - 12.00, 19.00 - 21.00
Środa	14.30 - 17.30
Czwartek	19.00 - 21.00
Piątek	14.30 - 16.30
Sobota	zamknięte

Muir of Ord Library

Tarradale School

Muir of Ord

Ross & Cromarty IV6 7SU

Telefon: 01463 870196

Faks: 01463 870196

E-mail: muiroford.library@highland.gov.uk

Godziny otwarcia:

Poniedziałek	10.00 - 12.30, 14.00 - 17.00, 18.00 - 20.00
Wtorek	zamknięte
Środa	zamknięte
Czwartek	10.00 - 12.30, 18.00 - 20.00
Piątek	14.00 - 17.00
Sobota	zamknięte

Tain Library

Stafford Street

Tain

Ross & Cromarty

IV19 1AZ

Telefon: 01862 892391

Faks: 01862 892391

E-mail: tain.library@highland.gov.uk

Godziny otwarcia:

Poniedziałek	zamknięte
Wtorek	10.30 - 13.30, 15.00 - 19.00
Środa	10.30 - 13.30
Czwartek	14.00 - 17.30
Piątek	14.00 - 17.30
Sobota	10.00 - 13.00

Ullapool Library

Community High School,
Mill Street,
Ullapool,
Ross & Cromarty
IV26 2UN
Telefon: 01854 612543
Faks: 01854 612543
E-mail: ullapool.library@highland.gov.uk

Godziny otwarcia – w roku szkolnym:

Poniedziałek	09.00 - 17.00
Wtorek	09.00 - 17.00, 18.00 - 20.00
Środa	09.00 - 17.00
Czwartek	09.00 - 17.00, 18.00 - 20.00
Piątek	09.00 - 17.00
Sobota	zamknięte

Godziny otwarcia – ferie i wakacje szkolne.

Poniedziałek	zamknięte
wtorek	14.00 - 17.00, 18.00 - 20.00
Środa	zamknięte
czwartek	10.00 - 13.00, 14.00 - 17.00, 18.00 - 20.00
piątek	10.00 - 13.00, 14.00 - 17.00
sobota	zamknięte

Szkoły

Achiltibuie Primary, Achiltibuie, Ullapool IV26 2YG
A R Fraser
Tel: 01854 622267
e-mail: achiltibuie.primary@highland.gov.uk

Alness Academy, Alness IV17 0UY
K MacIver
Tel: 01349 883341 Faks: 01349 882614
e-mail: alness.academy@highland.gov.uk

Applecross Primary, Applecross, Strathcarron IV54 8LU
Mrs C F McCowan, MA
Tel: 01520 744325
e-mail: applecross.primary@highland.gov.uk

Ardross Primary, Ardross, Alness IV17 0XW
Mrs M Foster, MA
Tel: 01349 882345
e-mail: ardross.primary@highland.gov.uk

Avoch Primary, Avoch IV9 8PS
Miss C K Paterson
Tel: 01381 620369 Faks: 01381 622300
e-mail: avoach.primary@highland.gov.uk

Badcaul Primary, Dundonnell, by Garve IV23 2QY
Mrs S Taylor - Acting
Tel/Faks: 01854 633265
e-mail: badcaul.primary@highland.gov.uk

Bridgend Primary, Ardross Road, Alness IV17 0QA
E Scott
Tel/Faks:01349 882285
e-mail: bridgend.primary@highland.gov.uk

Bualnaluib Primary, Aultbea, Achnasheen IV22 2JH
Mrs J Ross - Acting
Tel: 01445 731254
e-mail: bualnaluib.primary@highland.gov.uk

Conon Primary, Leanaig Road, Conon Bridge IV7 8BE
Mrs V McCormick
Tel: 01349 861867 Faks: 01349 866629
e-mail: conon.primary@highland.gov.uk

Coulhill Primary, Alness, IV17 0RD
Ms E Gemmell
Tel: 01349 882713 Faks: 01349 884622
e-mail: coulhill.primary@highland.gov.uk

Craighill Primary, Craighill Terrace, Tain IV19 1EU
D Mackay
Tel/Faks: 01862 892663
e-mail: craighill.primary@highland.gov.uk

Cromarty Primary, Braehead, Cromarty IV11 8XR
Miss A L Rose
Tel: 01381 600465
e-mail: cromarty.primary@highland.gov.uk

Culbokie Primary, Culbokie, Dingwall IV7 8JH
Ms S A Stevenson
Tel: 01349 877268
e-mail: culbokie.primary@highland.gov.uk

Cullicudden Primary, Cullicudden, Dingwall IV7 8LL
F T S Haldane - Acting
Tel: 01349 877208
e-mail: cullicudden.primary@highland.gov.uk

Dingwall Academy, Dingwall IV15 9LT
G A MacKenzie, MA
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Dingwall Primary, Ross Avenue, Dingwall IV15 9UU
R F MacKenzie, MA
Tel: 01349 862081 Faks: 01349 861157
e-mail: dingwall.primary@highland.gov.uk

Ferintosh Primary, Easter Kinkell, Dingwall IV7 8HZ
Mrs L Caddell - Acting
Tel: 01349 861827
e-mail: ferintosh.primary@highland.gov.uk

Fortrose Academy, Academy Street, Fortrose IV10 8TW
J D Simpson, BSc
Tel: 01381 620310 Faks: 01381 621699
e-mail: fortrose.academy@highland.gov.uk

Gairloch High School, Achtercairn, Gairloch IV21 2BP
J Port
Tel: 01445 712275 Faks: 01445 712318
e-mail: gairloch.high@highland.gov.uk

Gairloch Primary School, Achtercairn, Gairloch IV21 2BP
Miss L Redpath
Tel: 01445 712165
e-mail: gairloch.primary@highland.gov.uk

Hill of Fearn Primary, Rhynie Road, Fearn IV20 1SU
Mrs A MacKay - Acting
Tel: 01862 832257
e-mail: hilloffearn.primary@highland.gov.uk

Hilton of Cadboll Primary, Hilton, Tain IV20 1XR
Mrs M Blackwell
Tel: 01862 832272
e-mail: hiltonofcaboll.primary@highland.gov.uk

Inver Primary, Inver, Tain IV20 1RX
Mrs S Hoggarth
Tel/Faks:01862 871431
e-mail: inver.primary@highland.gov.uk

Inverasdale Primary, Inverasdale, Poolewe IV22 2LR
Mrs J Ross
Tel: 01445 781246
e-mail: inverasdale.primary@highland.gov.uk

Invergordon Academy, Academy Road, Invergordon IV18 0LD
J Steven
Tel: 01349 852362 Faks: 01349 853748
e-mail: invergordon.academy@highland.gov.uk

Kiltearn Primary, Drummond Road, Evanton IV16 9UT
Mrs L McIntosh
Tel/Faks: 01349 830568
e-mail: kiltearn.primary@highland.gov.uk

Kinlochewe Primary, Incheril, Kinlochewe, IV22 2PA
Mrs Vivienne MacLennan (Acting Head)
Tel/Faks:01445 760260
e-mail: kinlochewe.primary@highland.gov.uk

Knockbreck Primary, Tain IV19 1BL
Miss K De Jonckheere
Tel: 01862 892272
e-mail: knockbreck.primary@highland.gov.uk

Lochcarron Primary, Strathcarron IV54 8YS
Mrs A Stewart - Acting
Tel/Faks: 01520 722445
e-mail: lochcarron.primary@highland.gov.uk

Marybank Primary, Urray, Muir of Ord IV6 7UN
A Danson - Acting
Tel: 01997 433320 Faks: 01997 433400
e-mail: marybank.primary@highland.gov.uk

Maryburgh Primary, Hood Street, Maryburgh, Dingwall IV7 8EB
Mrs L M Moodie
Tel/Faks: 01349 861821
e-mail: maryburgh.primary@highland.gov.uk

Milton Primary, Kildary, Invergordon IV18 0PX
Miss C Cameron
Tel/Faks: 01862 842537
e-mail: milton.primary@highland.gov.uk

Mulbuie Primary, Mulbuie, Muir of Ord IV6 7RB
Mrs C Mack – Acting
Tel: 01349 861289
e-mail: mulbuie.primary@highland.gov.uk

Munlochy Primary, 56 Millbank Road, Munlochy IV8 8NL
Mrs M Schmidt
Tel: 01463 811489
e-mail: munlochy.primary@highland.gov.uk

Newhall Primary, Balblair, Dingwall IV7 8LQ
F T S Haldane
Tel: 01381 610227 Faks: 01381 610441
e-mail: newhall.primary@highland.gov.uk

Newmore Primary, Newmore, Invergordon IV18 0PG
Mrs M Wright
Tel: 01349 853300 Faks: 01349 854382
e-mail: newmore.primary@highland.gov.uk

North Kessock Primary, Ferry Brae, North Kessock IV1 3WX
Miss H Henderson
Tel: 01463 731667 Faks: 01463 731769
e-mail: northkessock.primary@highland.gov.uk

Obsdale Primary, Obsdale Park, Aness IV17 0TP
Mrs F R R Leslie
Tel: 01349 882860
e-mail: obsdale.primary@highland.gov.uk

Park Primary, Albany Road, Invergordon IV18 0HA
Mrs E Neil
Tel: 01349 852037 Faks: 01349 854424
e-mail: park.primary@highland.gov.uk

Poolewe Primary, Poolewe, Achnasheen IV22 2LA
Mrs M Young
Tel: 01445 781340
e-mail: poolewe.primary@highland.gov.uk

Scoraig Primary, Scoraig, Dundonnell, Garve IV23 2RE
Mrs S Symon
Tel: 01854 633261
e-mail: scoraig.primary@highland.gov.uk

Shieldaig Primary, Shieldaig, Strathcarron IV54 8XN
Miss J Miller
Tel: 01520 755269
e-mail: shieldaig.primary@highland.gov.uk

South Lodge Primary, Castle Road, Invergordon IV18 0LW
Mrs A Cleland
Tel: 01349 852521
e-mail: southlodge.primary@highland.gov.uk

Strathconon Primary, Strathconon, Muir of Ord IV6 7QD
Ms A Matheson
Tel: 01997 477257
e-mail: strathconon.primary@highland.gov.uk

Strathgarve Primary, Garve IV23 2PR
Miss M MacDonald
Tel: 01997 414286 Faks: 01997 414354
e-mail: strathgarve.primary@highland.gov.uk

Strathpeffer Primary, Strathpeffer IV14 9AG
Mrs C Ritchie
Tel: 01997 421824 Faks: 01997 421592
e-mail: strathpeffer.primary@highland.gov.uk

Tain Royal Academy, Scotsburn Road, Tain IV19 1PS
D MacLeod
Tel: 01862 892121 Faks: 01862 893334
e-mail: tainroyal.academy@highland.gov.uk

Tarbat Old Primary, Tarbatness Road, Portmahomack IV20 1YA
Mrs A MacKay
Tel/Faks: 01862 871536
e-mail: tarbatold.primary@highland.gov.uk

Tarradale Primary, Black Isle Road, Muir of Ord IV6 7RR
Miss C Reid
Tel: 01463 870484
e-mail: tarradale.primary@highland.gov.uk

Tore Primary, Tore, Muir of Ord IV6 7SA
Mrs L Caddell - Acting
Tel: 01463 811481
e-mail: tore.primary@highland.gov.uk

Torridon Primary, Fasaig, Torridon, Achnasheen IV22 2EZ
Miss A MacRae
Tel: 01445 791316
e-mail: torridon.primary@highland.gov.uk

Ullapool High School, Mill Street, Ullapool IV26 2UN
P D Harrison, BSc
Tel: 01854 612078 Faks: 01854 612793
e-mail: ullapool.high@highland.gov.uk

Ullapool Primary, Quay Street, Ullapool IV26 2UE
K Borthwick
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e-mail: ullapool.primary@highland.gov.uk

St. Clement's School, Old Academy, Dingwall IV15 9JZ
Mrs M MacKenzie
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e-mail: stclements.primary@highland.gov.uk

St. Duthus School, Academy Street, Tain IV19 1ED
J Eggermont, BA, Med
Tel: 01862 894407
e-mail: stduthus.primary@highland.gov.uk

Użyteczne linki

Highland Council pages on Ross and Cromarty

<http://www.highland.gov.uk/yourcouncil/highlandfactsandfigures/thehighlandcouncilareas/rossandcromarty/>

Highlands & Islands Enterprise Inverness and East Highland

<http://www.hie.co.uk/inbse>

Highlands & Islands Enterprise Skye and Wester Ross

<http://www.hie.co.uk/sale>