

# Laipni lūdzam Ross & Cromarty

Ross un Cromarty apgabals stiepjas no maigas lauksaimniecības zemes austrumu piekrastē līdz dramatiskiem kalniem rietumos. Apgabals ietver vairākas pilsētas – Invergordon – kruīzu kuģu iecienīta pieturas vieta; Viktorijas laika ciemats Strathpeffer, kas piedāvā grandiozus hotelus un mazas kafejnīcas, un Ullapool – gleznains zvejnieku ciemats, kas atrodas rietumu piekrastē, un no kurienes darbojas arī prāmju satiksme uz Stornoway.

## Vietējais pilsoņu konsultāciju birojs

### Ross and Cromarty Citizens Advice Bureau

Balallan

4 Novar Road

Alness IV17 0QG

Tel. : 01349-883333

Fakss: 01349-884126

E-pasts: [adviser@alnesscab.casonline.org.uk](mailto:adviser@alnesscab.casonline.org.uk)

<http://www.hain.org.uk>

Darba laiks:

Pirmdienās, otrdienās, ceturtdienās, piektdienās: 10.00 – 14.00

Slēgts trešdienās, sestdienās un svētdienās.

### Dingwall Citizens Advice Bureau

4 Church Street

IV15 9SB

Tel. : 01349-864850

Fakss: 01349-860102

E-pasts: [adviser@dingwallcab.casoline.org.uk](mailto:adviser@dingwallcab.casoline.org.uk)

Darba laiks: otrdienās, trešdienās un piektdienās 10.00 – 14.00

Slēgts pirmdienās, ceturtdienās, sestdienās un svētdienās

## Atpūtas kompleksi un baseini

### Black Isle Leisure Centre (bez baseina)

Deans Road,

Fortrose,

IV10 8TJ

Tel. : 01381 621252

Menedžeris: Graeme Ross

### Alness Swimming Pool

Alness Academy

Alness

IV17 0UY

Tel. : 01349 882456  
Menedžeris: Emma Thomson

**Dingwall Leisure Centre**

Tulloch Avenue,  
Dingwall,  
IV15 9LH  
Tel. : 01349 864226  
Menedžeris: Scott Lindsay  
Tīmekļa vietne: [www.dingwallleisure.co.uk](http://www.dingwallleisure.co.uk)

**Gairloch Leisure Centre**

Achtercairn,  
Gairloch,  
IV21 2BP  
Tel. : 01445 712345  
Menedžeris: Carole Drinkwater

**Invergordon Leisure Centre**

Academy Road,  
Invergordon,  
IV18 0LB  
Tel. : 01349 853689  
Menedžeris: Emma Thomson  
Tīmekļa vietne: [www.invergordonleisure.co.uk](http://www.invergordonleisure.co.uk)

**Lochbroom Leisure Centre**

Quay Street,  
Ullapool,  
IV26 2TU  
Tel. : 01854 612884  
Menedžeris: Joanne Crosbie  
Tīmekļa vietne: [www.lochbroomleisure.co.uk](http://www.lochbroomleisure.co.uk)

**Tain Royal Academy Community Complex**

Hartfield Road,  
Tain,  
IV19 1DX  
Tel. : 01862 893767  
Menedžeris: Catherine Morgan

**Averon Leisure Centre**

High Street,  
Alness,  
IV17 0GB  
Tel. : 01349 882287  
Tīmekļa vietne: [www.averonleisurecentre.co.uk](http://www.averonleisurecentre.co.uk)

**Poolewe Swimming Pool**

Clifton

Poolewe  
IV22 2JU  
Tel. : 01445 781345

## **Bibliotēkas**

### **Achiltibuie Library**

Coigach Community Hall  
Achiltibuie  
Ross & Cromarty  
IV26 2YG  
Tel/Fakss UK: 01854 622305  
Tel/Fakss non UK: +441854 622305  
e-pasts: [achiltibuie.library@highland.gov.uk](mailto:achiltibuie.library@highland.gov.uk)

#### **Darba laiks:**

Pirmdiena slēgts  
Otrdiena slēgts  
Trešdiena 10.00 - 13.00, 18.00 - 20.00  
Ceturtdiena slēgts  
Piektdiena slēgts  
Sestdiena slēgts

### **Alness Library**

Averon Centre  
High Street  
Alness  
Ross & Cromarty IV17 0QB  
Tālrunis: 01349 882674  
Fakss: 01349 883587  
E-pasts: [alness.library@highland.gov.uk](mailto:alness.library@highland.gov.uk)

#### **Darba laiks:**

Pirmdiena 10.00 - 13.30, 15.00 - 18.00  
Otrdiena 10.00 - 13.30, 15.00 - 18.00  
Trešdiena 10.00 - 13.30  
Ceturtdiena 10.00 - 13.30, 15.00 - 19.30  
Piektdiena 10.00 - 13.30, 15.00 - 18.00  
Sestdiena 10.30 - 13.30

### **Cromarty Library**

Hugh Miller Institute  
Church Street  
Cromarty  
Ross & Cromarty IV11 8XA  
Tālrunis: 01381 600318  
Fakss: 01381 600318  
E-pasts: [cromarty.library@highland.gov.uk](mailto:cromarty.library@highland.gov.uk)

**Darba laiks:**

Pirmdiena 10.00 - 12.00  
Otrdiena 14.00 - 17.00, 18.00 - 20.00  
Trešdiena slēgts  
Ceturtdiena 14.00 - 17.00, 18.00 - 20.00  
Piektdiena slēgts  
Sestdiena slēgts

**Dingwall Library**

Old Academy Buildings  
Tulloch Street  
Dingwall IV15 9JZ  
Tālrunis: 01349 863163  
Fakss: 01349 865239  
E-pasts: [dingwall.library@highland.gov.uk](mailto:dingwall.library@highland.gov.uk)

**Darba laiks:**

Pirmdiena 09.30 - 18.00  
Otrdiena 09.30 - 18.00  
Trešdiena 09.30 - 13.30  
Ceturtdiena 09.30 - 18.00  
Piektdiena 09.30 - 18.00  
Sestdiena 10.00 - 13.00

**Evanton Library**

20 Balconie Street  
Evanton  
Ross & Cromarty IV16 9UN  
Tālrunis: 01349 830381  
E-pasts: [evanton.library@highland.gov.uk](mailto:evanton.library@highland.gov.uk)

**Darba laiks:**

Pirmdiena slēgts  
Otrdiena 10.00 - 12.00, 15.00 - 17.00  
Trešdiena 10.00 - 12.00  
Ceturtdiena slēgts  
Piektdiena 15.00 - 17.00, 18.00 - 20.00  
Sestdiena slēgts

**Fortrose Community Library**

Fortrose Academy  
Academy Street  
Fortrose  
Ross & Cromarty IV10 8TW  
Tālrunis/Fakss: 01381 622235  
E-pasts: [fortrose.library@highland.gov.uk](mailto:fortrose.library@highland.gov.uk)

**Darba laiks – mācību semestra laikā:**

Pirmdiena 09.00 - 17.00  
Otrdiena 09.00 - 17.00  
Trešdiena 09.00 - 17.00, 18.00 - 20.00  
Ceturtdiena 09.00 - 17.00, 18.00 - 20.00  
Piektdiena 09.00 - 17.00  
Sestdiena 10.00 - 13.00

**Gairloch Library**

Gairloch High School  
Gairloch  
Ross & Cromarty  
IV21 2BP  
Tālrunis: 01445 712469  
Fakss: 01445 712438  
e-pasts: [gairloch.library@highland.gov.uk](mailto:gairloch.library@highland.gov.uk)

**Darba laiks – mācību semestra laikā:**

Pirmdiena 09.00 - 17.30  
Otrdiena 09.00 - 17.00  
Trešdiena 09.00 - 19.00  
Ceturtdiena 09.00 - 17.00  
Piektdiena 09.00 - 17.30  
Sestdiena slēgts

**Invergordon Library**

High Street  
Invergordon  
Ross & Cromarty  
IV18 ODG  
Tālrunis: 01349 852698  
Fakss: 01349 852698  
E-pasts: [invergordon.library@highland.gov.uk](mailto:invergordon.library@highland.gov.uk)

**Darba laiks:**

Pirmdiena slēgts  
Otrdiena 12.00 - 17.00  
Trešdiena 10.00 - 12.00, 14.00 - 17.00  
Ceturtdiena 10.00 - 12.00, 14.00 - 17.00  
Piektdiena 14.00 - 20.00  
Sestdiena slēgts

**Lochcarron Library**

The Howard Doris Centre  
Lochcarron  
Ross & Cromarty IV54 8UD  
Tālrunis: 01520 722679  
Fakss: 01520 722679

e-pasts: [lochcarron.library@highland.gov.uk](mailto:lochcarron.library@highland.gov.uk)

**Darba laiks:**

Pirmdiena slēgts  
Otrdiena 10.00 - 12.00, 19.00 - 21.00  
Trešdiena 14.30 - 17.30  
Ceturtdiena 19.00 - 21.00  
Piektdiena 14.30 - 16.30  
Sestdiena slēgts

**Muir of Ord Library**

Tarradale School  
Muir of Ord  
Ross & Cromarty IV6 7SU  
Tālrunis: 01463 870196  
Fakss: 01463 870196  
E-pasts: [muirford.library@highland.gov.uk](mailto:muirford.library@highland.gov.uk)

**Darba laiks:**

Pirmdiena 10.00 - 12.30, 14.00 - 17.00, 18.00 - 20.00  
Otrdiena slēgts  
Trešdiena slēgts  
Ceturtdiena 10.00 - 12.30, 18.00 - 20.00  
Piektdiena 14.00 - 17.00  
Sestdiena slēgts

**Tain Library**

Stafford Street  
Tain  
Ross & Cromarty  
IV19 1AZ  
Tālrunis: 01862 892391  
Fakss: 01862 892391  
E-pasts: [tain.library@highland.gov.uk](mailto:tain.library@highland.gov.uk)

**Darba laiks**

Pirmdiena slēgts  
Otrdiena 10.30 - 13.30, 15.00 - 19.00  
Trešdiena 10.30 - 13.30  
Ceturtdiena 14.00 - 17.30  
Piektdiena 14.00 - 17.30  
Sestdiena 10.00 - 13.00

**Ullapool Library**

Community High School,  
Mill Street,  
Ullapool,  
Ross & Cromarty  
IV26 2UN

Tālrunis: 01854 612543  
Fakss: 01854 612543  
E-pasts: [ullapool.library@highland.gov.uk](mailto:ullapool.library@highland.gov.uk)

**Darba laiks – mācību semestra laikā:**

Pirmdiena 09.00 - 17.00  
Otrdiena 09.00 - 17.00, 18.00 - 20.00  
Trešdiena 09.00 - 17.00  
Ceturtdiena 09.00 - 17.00, 18.00 - 20.00  
Piektdiena 09.00 - 17.00  
Sestdiena slēgts

**Darba laiks – skolas brīvlaiku laikā:**

Pirmdiena slēgts  
Otrdiena 14.00 - 17.00, 18.00 - 20.00  
Trešdiena slēgts  
Ceturtdiena 10.00 - 13.00, 14.00 - 17.00, 18.00 - 20.00  
Piektdiena 10.00 - 13.00, 14.00 - 17.00  
Sestdiena slēgts

## Skolas

Achiltibuie Primary, Achiltibuie, Ullapool IV26 2YG  
A R Fraser  
Tel. : 01854 622267  
e-pasts: [achiltibuie.primary@highland.gov.uk](mailto:achiltibuie.primary@highland.gov.uk)

Alness Academy, Alness IV17 0UY  
K Maclver  
Tel. : 01349 883341 Fakss: 01349 882614  
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Applecross Primary, Applecross, Strathcarron IV54 8LU  
Mrs C F McCowan, MA  
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e-pasts: [applecross.primary@highland.gov.uk](mailto:applecross.primary@highland.gov.uk)

Ardross Primary, Ardross, Alness IV17 0XW  
Mrs M Foster, MA  
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Avoch Primary, Avoch IV9 8PS  
Miss C K Paterson  
Tel. : 01381 620369 Fakss: 01381 622300  
e-pasts: [avoch.primary@highland.gov.uk](mailto:avoch.primary@highland.gov.uk)

Badcaul Primary, Dundonnell, by Garve IV23 2QY  
Mrs S Taylor - Acting

Tel/Fakss: 01854 633265  
e-pasts: [badcaul.primary@highland.gov.uk](mailto:badcaul.primary@highland.gov.uk)

Bridgend Primary, Ardross Road, Alness IV17 0QA  
E Scott  
Tel/Fakss:01349 882285  
e-pasts: [bridgend.primary@highland.gov.uk](mailto:bridgend.primary@highland.gov.uk)

Bualnaluib Primary, Aultbea, Achnasheen IV22 2JH  
Mrs J Ross - Acting  
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Conon Primary, Leanaig Road, Conon Bridge IV7 8BE  
Mrs V McCormick  
Tel. : 01349 861867 Fakss: 01349 866629  
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Coulhill Primary, Alness, IV17 0RD  
Ms E Gemmell  
Tel. : 01349 882713 Fakss: 01349 884622  
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Craighill Primary, Craighill Terrace, Tain IV19 1EU  
D Mackay  
Tel/Fakss: 01862 892663  
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Cromarty Primary, Braehead, Cromarty IV11 8XR  
Miss A L Rose  
Tel. : 01381 600465  
e-pasts: [cromarty.primary@highland.gov.uk](mailto:cromarty.primary@highland.gov.uk)

Culbokie Primary, Culbokie, Dingwall IV7 8JH  
Ms S A Stevenson  
Tel. : 01349 877268  
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Cullicudden Primary, Cullicudden, Dingwall IV7 8LL  
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Dingwall Primary, Ross Avenue, Dingwall IV15 9UU  
R F MacKenzie, MA

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Ferintosh Primary, Easter Kinkell, Dingwall IV7 8HZ  
Mrs L Caddell - Acting  
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Fortrose Academy, Academy Street, Fortrose IV10 8TW  
J D Simpson, BSc  
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Gairloch High School, Achtercairn, Gairloch IV21 2BP  
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Gairloch Primary School, Achtercairn, Gairloch IV21 2BP  
Miss L Redpath  
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e-pasts: [gairloch.primary@highland.gov.uk](mailto:gairloch.primary@highland.gov.uk)

Hill of Fearn Primary, Rhynie Road, Fearn IV20 1SU  
Mrs A MacKay - Acting  
Tel. : 01862 832257  
e-pasts: [hilloffearn.primary@highland.gov.uk](mailto:hilloffearn.primary@highland.gov.uk)

Hilton of Cadboll Primary, Hilton, Tain IV20 1XR  
Mrs M Blackwell  
Tel. : 01862 832272  
e-pasts: [hiltonofcadboll.primary@highland.gov.uk](mailto:hiltonofcadboll.primary@highland.gov.uk)

Inver Primary, Inver, Tain IV20 1RX  
Mrs S Hoggarth  
Tel/Fakss:01862 871431  
e-pasts: [inver.primary@highland.gov.uk](mailto:inver.primary@highland.gov.uk)

Inverasdale Primary, Inverasdale, Poolewe IV22 2LR  
Mrs J Ross  
Tel. : 01445 781246  
e-pasts: [inverasdale.primary@highland.gov.uk](mailto:inverasdale.primary@highland.gov.uk)

Invergordon Academy, Academy Road, Invergordon IV18 0LD  
J Steven  
Tel. : 01349 852362 Fakss: 01349 853748  
e-pasts: [invergordon.academy@highland.gov.uk](mailto:invergordon.academy@highland.gov.uk)

Kiltearn Primary, Drummond Road, Evanton IV16 9UT  
Mrs L McIntosh

Tel/Fakss: 01349 830568  
e-pasts: [kiltearn.primary@highland.gov.uk](mailto:kiltearn.primary@highland.gov.uk)

Kinlochewe Primary, Incheril, Kinlochewe, IV22 2PA  
Mrs Vivienne MacLennan (Acting Head)  
Tel/Fakss:01445 760260  
e-pasts: [kinlochewe.primary@highland.gov.uk](mailto:kinlochewe.primary@highland.gov.uk)

Knockbreck Primary, Tain IV19 1BL  
Miss K De Jonckheere  
Tel. : 01862 892272  
e-pasts: [knockbreck.primary@highland.gov.uk](mailto:knockbreck.primary@highland.gov.uk)

Lochcarron Primary, Strathcarron IV54 8YS  
Mrs A Stewart - Acting  
Tel/Fakss: 01520 722445  
e-pasts: [lochcarron.primary@highland.gov.uk](mailto:lochcarron.primary@highland.gov.uk)

Marybank Primary, Urray, Muir of Ord IV6 7UN  
A Danson - Acting  
Tel. : 01997 433320 Fakss: 01997 433400  
e-mail: [marybank.primary@highland.gov.uk](mailto:marybank.primary@highland.gov.uk)

Maryburgh Primary, Hood Street, Maryburgh, Dingwall IV7 8EB  
Mrs L M Moodie  
Tel/Fakss: 01349 861821  
e-pasts: [maryburgh.primary@highland.gov.uk](mailto:maryburgh.primary@highland.gov.uk)

Milton Primary, Kildary, Invergordon IV18 0PX  
Miss C Cameron  
Tel/Fakss: 01862 842537  
e-pasts: [milton.primary@highland.gov.uk](mailto:milton.primary@highland.gov.uk)

Mulbuie Primary, Mulbuie, Muir of Ord IV6 7RB  
Mrs C Mack – Acting  
Tel. : 01349 861289  
e-pasts: [mulbuie.primary@highland.gov.uk](mailto:mulbuie.primary@highland.gov.uk)

Munlochy Primary, 56 Millbank Road, Munlochy IV8 8NL  
Mrs M Schmidt  
Tel. : 01463 811489  
e-mail: [munlochy.primary@highland.gov.uk](mailto:munlochy.primary@highland.gov.uk)

Newhall Primary, Balblair, Dingwall IV7 8LQ  
F T S Haldane  
Tel. : 01381 610227 Fakss: 01381 610441  
e-mail: [newhall.primary@highland.gov.uk](mailto:newhall.primary@highland.gov.uk)

Newmore Primary, Newmore, Invergordon IV18 0PG  
Mrs M Wright

Tel. : 01349 853300 Fakss: 01349 854382  
e-pasts: [newmore.primary@highland.gov.uk](mailto:newmore.primary@highland.gov.uk)

North Kessock Primary, Ferry Brae, North Kessock IV1 3WX  
Miss H Henderson  
Tel. : 01463 731667 Fakss: 01463 731769  
e-pasts: [northkessock.primary@highland.gov.uk](mailto:northkessock.primary@highland.gov.uk)

Obsdale Primary, Obsdale Park, Ainess IV17 0TP  
Mrs F R R Leslie  
Tel. : 01349 882860  
e-pasts: [obsdale.primary@highland.gov.uk](mailto:obsdale.primary@highland.gov.uk)

Park Primary, Albany Road, Invergordon IV18 0HA  
Mrs E Neil  
Tel. : 01349 852037 Fakss: 01349 854424  
e-pasts: [park.primary@highland.gov.uk](mailto:park.primary@highland.gov.uk)

Poolewe Primary, Poolewe, Achnasheen IV22 2LA  
Mrs M Young  
Tel. : 01445 781340  
e-pasts: [poolewe.primary@highland.gov.uk](mailto:poolewe.primary@highland.gov.uk)

Scoraig Primary, Scoraig, Dundonnell, Garve IV23 2RE  
Mrs S Symon  
Tel. : 01854 633261  
e-pasts: [scoraig.primary@highland.gov.uk](mailto:scoraig.primary@highland.gov.uk)

Shieldaig Primary, Shieldaig, Strathcarron IV54 8XN  
Miss J Miller  
Tel. : 01520 755269  
e-pasts: [shieldaig.primary@highland.gov.uk](mailto:shieldaig.primary@highland.gov.uk)

South Lodge Primary, Castle Road, Invergordon IV18 0LW  
Mrs A Cleland  
Tel. : 01349 852521  
e-pasts: [southlodge.primary@highland.gov.uk](mailto:southlodge.primary@highland.gov.uk)

Strathconon Primary, Strathconon, Muir of Ord IV6 7QD  
Ms A Matheson  
Tel. : 01997 477257  
e-pasts: [strathconon.primary@highland.gov.uk](mailto:strathconon.primary@highland.gov.uk)

Strathgarve Primary, Garve IV23 2PR  
Miss M MacDonald  
Tel. : 01997 414286 Fakss: 01997 414354  
e-pasts: [strathgarve.primary@highland.gov.uk](mailto:strathgarve.primary@highland.gov.uk)

Strathpeffer Primary, Strathpeffer IV14 9AG  
Mrs C Ritchie

Tel. : 01997 421824 Fakss: 01997 421592  
e-pasts: [strathpeffer.primary@highland.gov.uk](mailto:strathpeffer.primary@highland.gov.uk)

Tain Royal Academy, Scotsburn Road, Tain IV19 1PS  
D MacLeod  
Tel. : 01862 892121 Fakss: 01862 893334  
e-pasts: [tainroyal.academy@highland.gov.uk](mailto:tainroyal.academy@highland.gov.uk)

Tarbat Old Primary, Tarbatness Road, Portmahomack IV20 1YA  
Mrs A MacKay  
Tel/Fakss: 01862 871536  
e-pasts: [tarbatold.primary@highland.gov.uk](mailto:tarbatold.primary@highland.gov.uk)

Tarradale Primary, Black Isle Road, Muir of Ord IV6 7RR  
Miss C Reid  
Tel. : 01463 870484  
e-pasts: [tarradale.primary@highland.gov.uk](mailto:tarradale.primary@highland.gov.uk)

Tore Primary, Tore, Muir of Ord IV6 7SA  
Mrs L Caddell - Acting  
Tel. : 01463 811481  
e-pasts: [tore.primary@highland.gov.uk](mailto:tore.primary@highland.gov.uk)

Torridon Primary, Fasaig, Torridon, Achnasheen IV22 2EZ  
Miss A MacRae  
Tel. : 01445 791316  
e-pasts: [torridon.primary@highland.gov.uk](mailto:torridon.primary@highland.gov.uk)

Ullapool High School, Mill Street, Ullapool IV26 2UN  
P D Harrison, BSc  
Tel. : 01854 612078 Fakss: 01854 612793  
e-pasts: [ullapool.high@highland.gov.uk](mailto:ullapool.high@highland.gov.uk)

Ullapool Primary, Quay Street, Ullapool IV26 2UE  
K Borthwick  
Tel. : 01854 612535 Fakss: 01854 613246  
e-pasts: [ullapool.primary@highland.gov.uk](mailto:ullapool.primary@highland.gov.uk)

St. Clement's School, Old Academy, Dingwall IV15 9JZ  
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## **Noderīgas Interneta adreses**

### **Highland Council pages on Ross and Cromarty**

<http://www.highland.gov.uk/yourcouncil/highlandfactsandfigures/thehighlandcouncilareas/rossandcromarty/>

### **Highlands & Islands Enterprise Inverness and East Highland**

<http://www.hie.co.uk/inbse>

### **Highlands & Islands Enterprise Skye and Wester Ross**

<http://www.hie.co.uk/sale>